



CURRICULUM VITAE
FRANCISCO M. TORRES, M.D.

OFFICE ADDRESS The Florida Spine Institute
2250 Drew Street
Clearwater, FL 33765
(727) 797-7463 FAX (727) 726-1580

DATE OF BIRTH September 23, 1960

LICENSURE

Florida - ME 0063542
NPI 1245201763

EDUCATION

1982 - 1986 M.D., University of Puerto Rico
School of Medicine, San Juan, Puerto Rico

1978 - 1982 B.S. Biology, elected Cum Laude
University of Puerto Rico, Rio Piedras, Puerto Rico

POST-DOCTORAL TRAINING

1990 - 1991 Musculoskeletal Fellowship
Louisiana State University Medical Center
Section of Physical Medicine & Rehabilitation
1542 Tulane Avenue, Suite 602, New Orleans, LA 70112
(504) 568-2173

1986 - 1990 Physical Medicine & Rehabilitation Residency
Veterans Administration Hospital, San Juan, Puerto Rico

PRACTICE EXPERIENCE

February 1993 to Staff Physiatrist



Present	Florida Spine Institute Clearwater, FL 33765
Current Affiliation	Advent Health Hospital Tarpon Springs, FL 34689
Current Affiliation	Largo Medical Center Largo, FL 33774
Current Affiliation	Mease Countryside Hospital Safety Harbor, FL 34695
Current Affiliation	Morton Plant Hospital Clearwater, FL 33756
Current Affiliation	Morton Plant North Bay Hospital New Port Richey, FL 34652

CLINICAL EXPERTISE

Board Certified in Physical Medicine and Rehabilitation

Fellowship Trained Musculoskeletal disorders

Board Certified in Pain Management

Electrodiagnostic testing

Trained in Age Management

Wellness Director

PROFESSIONAL SOCIETIES & MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation
Florida Academy of Pain Medicine



ACADEMIC APPOINTMENTS

2016-current	Director of Wellness Program Florida Spine Institute
8/2000 -2001	Principal Investigator Botulinum Toxin Type A Study for Chronic Low Back Pain
6/2000- 6/2002	Past Vice-President Florida Academy Pain Management
1996-2004	Director, Osteoporosis Program Florida Spine Institute, Clearwater, FL
1992 - Feb 1993	Consultant for Social Security Disability Agency, New Orleans, LA
1991 - Feb 1993	Consultant for V.A. Hospital in New Orleans, LA
1991 - Feb 1993	Assistant Professor Director of Electrodiagnostic Laboratory Louisiana State University Medical Center Department of Medicine, Section of PM&R New Orleans, LA
1990 - 1991	Clinical Instructor of Medicine Louisiana State University Medical Center Department of Medicine, Section of PM&R New Orleans, LA
1989 - 1990	PM&R Chief Resident Veterans Administration Hospital San Juan, Puerto Rico



CERTIFICATION

Clinical Research Training for Physicians, Orland FL 5/24-25,2002
American Board of Physical Medicine and Rehabilitation - 1991
Board Certified #3697
American Board of Electrodiagnostic Medicine – 1994
American Board of Pain Management – 9/2000
Board Certificate #99
Workers' Compensation Certification Course - 1996
International Spinal Injection Society Certificate Completion – Discography, 1998
ALS/BLS
Botox Certification

SELF PUBLISHED AUTHOR

“Telemedicine Does Not Absolve Us as Doctors” Francisco M. Torres M.D. Op-Med.
November 2020.

“My Little Book of Prayers” Dr. Francisco M. Torres, M.D. 2020.

“Keep Kicking Frisco, Keep Kicking: Letting Go of Fear, Anxiety and Panic.” Francisco M. Torres, M.D. 2020.

“Provocative Thoughts for Daily Living.” Francisco M. Torres, M.D. Body Works, 2018.

“Dr. T’s Drop the Fat Diet: 12 Steps to a Leaner You Forever.” Francisco M. Torres, M.D.
Body Works, 2015.

“12 Practical Steps To a New You Forever Without Arthritis.” Francisco M. Torres, M.D.
and Ashleigh Gass, MS, CSCS, CNN, CNS. Body Works, 2015.

“12 Practical Steps To a New You Forever: From Shame and Sadness to Sheer Bliss.”
Francisco M. Torres, M.D. and Ashleigh Gass, MS, CSCS, CNN, CNS. Body Works, 2015.



SCIENTIFIC PUBLICATIONS

“Candida Spondylodiscitis: An Unusual Case of Thoracolumbar Pain with Review of Imaging Findings and Description of the Clinical Condition”

Francisco M. Torres-Ramos, MD, Kenneth P. Botwin, MD, Chunilal P. Shah, MD

“Radiation Exposure to the Spinal Interventionalist Performing Lumbar Discography”

Kenneth P. Botwin, MD, Glenn S. Fuoco, DO, **Francisco M. Torres, MD**, Robert D, Gruber, DO, Constantine C. Bouchlas, MD, Ramon Castellanos, MD, Sanjiv Rao, BA
Pain Physician Vol 6 # 3, 2003.

“Position Paper of the Florida Academy of Pain Medicine on Regenerative Injection Therapy: Effectiveness and Appropriate Usage”, Felix S. Linetsky, MD, Kenneth Botwin, MD, **Francisco M. Torres, MD** et al. The Pain Clinic, June 2002 pgs 38-45.

“Radiation Exposure to the Spinal Interventionalist performing Transforaminal Epidural Steroid Injections (TFESI’s)”, Kenneth P. Botwin, M.D., Santhosh Thomas, D.O., **Francisco M. Torres, M.D.**, Constantine Bouchlas, M.D., Robert D. Gruber, D.O., Joshua Rittenberg, M.D., Sanjiv Rao, B.A. Archives Physical Medicine and Rehabilitation, May 2002

“A 69 year old woman with thoracolumbar pain occurring after shoulder surgery (Patient 60)”, In Physical Medicine and Rehabilitation Pearls, Hanley and Belfus Inc., Ted A. Lennard, MD, pp144-46. Francisco M. Torres-Ramos, MD. Evaluator.

“The Role of Weight Bearing Flexion and Extension; Myelography I Evaluating the Intervertebral Disc: A Case Series”, Kenneth P. Botwin, M.D., Geoffrey Skene, D.O., Robert D. Gruber, D.O., Constantine G. Bouchlas, M.D., **Francisco M. Torres, M.D.** American Journal of Physical Medicine and Rehabilitation, 80(4), 289-95, April 2001.

“Complications of Fluoroscopically-Guided Caudal Epidural Injections”

Kenneth P. Botwin MD, Robert D. Gruber, DO, Constantine G. Bouchlas MD,
Francisco M. Torres-Ramos MD, Ashraf Hanna, M.D., Joshua Rittenberg, M.D.,
Santhosh A.Thomas D.O., Accepted for publication American Journal of Physical Medicine and Rehabilitation, 2000

“Radiation Exposure to a Physician Performing Fluoroscopically Guided Caudal Epidural



Steroid Injections". Kenneth P. Botwin, MD, Eric Freeman, DO, Robert Gruber, DO, **Francisco Torres-Ramos, MD**, Constantine Bouchlas, MD, Joseph Sanelli, DO, Ashraf Hana, MD. Pain Physician Volume 4, Number 4, pp 343-348, 2001

"Pathophysiology of Spinal Trauma in Motor Vehicle Accidents", *Physical Medicine and Rehabilitation: State of the Art Reviews, Vol 12, No. 1, February, 1998*, Robert D. Gruber, D.O., Kenneth P. Botwin, M.D., Constantine G. Bouchlas, M.D., **Francisco M. Torres, M.D.**

"Complications of Fluoroscopically-Guided Transforminal Lumbar Epidural Injections", Kenneth P. Botwin, M.D., Robert D. Gruber, D.O., Constantine G. Bouchlas, M.D., **Francisco M. Torres, M.D.**, Ted Freeman, D.O., Warren Slaten, M.D.

Torres-Ramos, FM, Biundo, JJ: **Suprascapular Nerve Neuropathy During Progressive Resistive Exercises in Cardiac Rehabilitation Program**. Archives of Physical Medicine and Rehabilitation, 73(11): 1107-11, 1992 November.

Biundo, JJ, Torres-Ramos, FM: **Rehabilitation and Biomechanics**. Current Opinion in Rheumatology, 3(2):291-9, 1991 April.

Biundo, JJ, Torres-Ramos, FM: **Clinical Problems of the Shoulder**. Primary Care Rheumatology, 1991: 1(4): 1-11.

ABSTRACTS

Millet, MD, Torres-Ramos, FM: **Herpes Zoster Manifesting as Sciatica in a Human Immunodeficiency Virus Infected Patient**.

PM & R Academy Annual Assembly Abstract, Printed in: Archives of Physical Medicine and Rehabilitation, Vol 74, November 1993.

Addington, WR, Torres-Ramos, FM, Bindo JJ, Quinet, R., Davis W: **Neurogenic Heterotopic Ossification as a Complication of Hepatic Encephalopathy**. Archives of Physical Medicine and Rehabilitation (in press) and American Academy of Physical Medicine and Rehabilitation. Poster Presentation, November, 1992.

Torres-Ramos, FM, Barrow, G., Biundo, JJ, Harris, Michael: **"Effort" Thrombosis of Axillary/Subclavian Vein Following Weight Lifting**. Archives of Physical Medicine and Rehabilitation (in press), and American Academy of Physical Medicine and Rehabilitation, Poster Presentation, November 1992.



PRESENTATIONS

Current Update In Arthritis Therapies Interactive Case Discussion. Tampa International Plaza
Tampa, Florida, November 14, 2001.

Rehabilitation Grand Rounds: **Rehabilitation and Rheumatoid Arthritis.** Rehabilitation Center,
Our Lady of the Lake Regional Medical Center, Baton Rouge, LA December 9, 1991.

LSU Medicine Grand Rounds: **Chronic Fatigue Syndrome and Fibromyalgia.** Louisiana State
University School of Medicine, October 24, 1991.

Physical Medicine and Rehabilitation in Musculoskeletal Diseases: **Common Compression
Neuropathies.** Southern Medical Association, Charleston, South Carolina, June 5 & 6, 1992.

LSU Medicine Grand Rounds: **Thoracic Outlet Syndrome - A Conservative Approach.** Louisiana
State University School of Medicine, November 19, 1992.

American Academy of Physical Medicine and Rehabilitation 57th Annual Assembly: **A Different
Approach in the Diagnosis and Management of the Degenerative Lumbar Spinal Stenosis
Patient.** Orlando, Florida, November 16-20, 1995.

Annual Physical Medicine and Rehabilitation Meeting, Puerto Rico Chapter: **Rehabilitation of
Common Hip and Knee Disorders.** San Juan, Puerto Rico, September 26-29, 1996

9th Annual Physical Medicine and Rehabilitation Meeting, Dorado, P.R. **“Low Back Pain”**,
September 25-28, 1997

Sun Coast Hospital, Largo, Florida, **“Osteoprosis”**, October 29, 1997
Florida Academy of Pain Management, Ft. Lauderdale, Florida, **“BOTOX”**, June, 2000

“Role of Cox 2 Inhibitors in Osteoarthritic Pain”, Hyatt Westshore, Tampa , FL, American
Academy of Pain Management Annual Meeting. July 2000

Tampa Bay Latin American Medical Association **“Living Younger: How To Take Control and
Manage Your Natural Aging Process”**, Sand Pearl Beach Resort. Clearwater Beach, FL.
September 3, 2016.



FLORIDA SPINE INSTITUTE
& WELLNESS CENTER

Francisco M. Torres, MD
*Physical Medicine & Rehabilitation
Spine & Musculoskeletal Medicine
Board Certified*

OTHER LANGUAGES

Spanish

AWARDS

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| 2020 | Winner of Doximity Telemedicine Essay: “Telemedicine Does Not Absolve Us as Doctors” |
| 2018 | Tampa Bay Magazine Top Doctors |

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